



The Saint Francis Xavier's Messenger - #8 - September 2015 ***Newsletter of the Society of Saint Pius X in Sri Lanka***

The Recipe to Holiness

Is there a recipe to holiness? Is there a safe way to reach perfection and avoid all kinds of deception or illusion?

Looking around one cannot but observe that the number of people who are religiously misled is extremely large.

The recipe to holiness is simple though, it consists of five ingredients:

First, one has to **belong to the Catholic Church**, the only true Church founded by God Himself, Jesus Christ, Second Person of the Holy Trinity.

Second, one has to **receive the sacraments**; they are the channel of the grace of God that keep us in His friendship and intimacy.

Third, one has to **pray**, that is to keep in touch with God - Our Lord, the Blessed Virgin Mary, the saints and angels in an unpretentious and regular conversation with them.

Fourth, one has to **be fully oneself** and discard everything untrue in one's life and personality (sins, bad habits, pretences).

Five, one has to **do the Will of God** as expressed through the will of our superiors, our duty of state, and the acceptance of the decisions of Divine Providence in the events of our life.

All those five ingredients should be immersed in **profound and genuine love for God and His Glory**.

For more details, I cannot but firmly recommend that you get more acquainted with Saint Francis of Sales. Why? Because he was declared Doctor of the Church for his

doctrine on spiritual life. Being a Doctor in this field means that you cannot err in following his guidance on matters related to your relationship with Our Lord.

Saint Francis of Sales was considered by Saint Vincent de Paul as the man who resembled Jesus Christ the most. His perfect imitation of Our Lord is the key to his uniqueness: not only did he know all the facets of spiritual life but he experienced them, giving his teaching an immense value and efficiency.

Three works of his should be read: *Introduction to the Devout Life*, *The treatise on the Love of God* and his *Spiritual Conferences* to the Visitation Sisters.

In reading them, one is impressed by the wisdom and common sense with which Saint Francis treats the highest truths of our holy religion. Saint Francis is so refreshing and uplifting; some of his insights leave you in awe at the marvellous way he describes the goodness of God.

Our Lord gave us an extraordinary master in the person of Saint Francis of Sales, a saint whose spirituality deeply influenced countless servants of God. For instance, there would be no spiritual giants like Saint Therese of the Infant Jesus or Saint John Bosco were it not for Saint Francis of Sales.

Go to him with confidence, you won't find a better and more competent director of souls.



SAINT FRANCIS XAVIER CHURCH

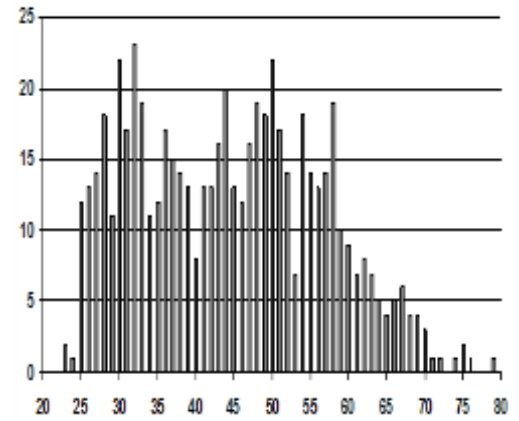
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SSPX Ordinations in June: 13 new priests. The Society has now reached the 600-priest mark.



Left, the new priests at Ecône



Above, graph of the age of the priests of the Society of St Pius X.



Above, a happy Mgr Tissier de Mallerais at Winona.



Right: at the end of the ceremony at Winona with all the ordinands and the sacred ministers.






Left: after the ceremony at Zaitzkofen





New Resident Priests: Father Benoit **WAILLIEZ**, Prior and Father Gregory **NORONHA**, Assistant



SUN 6 September	15th SUNDAY AFTER PENTECOST 8.30 – <i>Rosary</i> 9.00 – Sung Mass	17th SUNDAY AFTER PENTECOST 8.30 – <i>Rosary</i> 9.00 – Sung Mass	SUN 20 September
MON 7 September	FERIA NO Mass	ST. MATTHEW 7.15 – Low Mass 5.00 – Low Mass	MON 21 September
TUE 8 September	NATIVITY OF THE BV MARY 7.15 – Low Mass 5.00 – Low Mass	ST. THOMAS VILLANOVA 7.15 – Low Mass 5.00 – Low Mass	TUE 22 September
WED 9 September	FERIA 7.15 – Low Mass 5.00 – Low Mass	EMBER WEDNESDAY 7.15 – Low Mass  5.00 – Low Mass	WED 23 September
THU 10 September	ST. NICHOLAS TOLENTINO 7.15 – Low Mass 4.20 – <i>Rosary & Benediction</i> 5.00 – Low Mass	FERIA 7.15 – Low Mass 4.20 – <i>Rosary & Benediction</i> 5.00 – Low Mass	THU 24 September
FRI 11 September	FERIA 7.15 – Low Mass 5.00 – Low Mass	EMBER FRIDAY 5.00 – Low Mass 	FRI 25 September
SAT 12 September	THE H. NAME OF MARY 5.00 – Low Mass	EMBER SATURDAY 5.00 – Low Mass 	SAT 26 September
SUN 13 September	16th SUNDAY AFTER PENTECOST 8.30 – <i>Rosary</i> 9.00 – Sung Mass	18th SUNDAY AFTER PENTECOST 8.30 – <i>Rosary</i> 9.00 – Sung Mass	SUN 27 September
MON 14 September	EXALTATION OF THE H. CROSS 5.00 – Low Mass	ST. WENCESLAUS 5.00 – Low Mass	MON 28 September
TUE 15 September	SEVEN SORROWS OF THE BVM 5.00 – Low Mass	ST. MICHAEL THE ARCHANGEL 5.00 – Low Mass	TUE 29 September
WED 16 September	SS. CORNELIUS & CYPRIAN 5.00 – Low Mass	ST. JEROME 5.00 – Low Mass	WED 30 September
THU 17 September	FERIA 4.20 – <i>Rosary & Benediction</i> 5.00 – Low Mass	Confessions: 30 min before Sunday Masses; on demand every day.	
FRI 18 September	ST. JOSEPH CUPERTINO 5.00 – Low Mass	<p style="text-align: center;"><u>ANNOUNCEMENTS</u></p> <p>No Sunday Mass: 30 August, 11 October, 20 December</p> <p>Priests' Presence: Fr. Wailliez (4-6; 8-11; 22-25; 28/9-5/10) Fr. Noronha (8-27/9) Fr. Loschi (9-11; 19-24/9)</p>	
SAT 19 September	SS. JANUARIUS & CO. 7.15 – Low Mass 5.00 – Low Mass		
SUN 20 September	17th SUNDAY AFTER PENTECOST 8.30 – <i>Rosary</i> 9.00 – Sung Mass		